

## Cornwall Cricket Board / Cornwall Cricket League

**A reminder the ECB have released new and updated Recreational Cricket Safety Regulations, with significant changes clubs must familiarise themselves with for 2025.**

Updated regulations and new guidance are being introduced to enhance the safety of those involved in recreational cricket.

### Major changes include:

- Male players aged under 18 **MUST** wear a groin protector (box) when also required to wear a helmet.
- Regulations apply to a player's **age, not their age group as before.**
- Players **aged 12** can play open age cricket.
- All Players **Under 18** - Written approval forms **MUST** be obtained from parents/guardians and returned to the Club. They are not needed to be sent to the League.
- Written approval **MUST** be obtained from parents/guardians and the County Pathway Lead before a player **aged 11 and who has started School Year 7** is eligible to play open age cricket.
- Clubs **MUST** have regard to certain considerations before playing a junior cricketer in open age cricket or in an age group above the player's actual age group.
- Umpires, captains and team managers **MUST** take certain steps to enforce the new safety regulations in matches.
- A reduction in the number of overs per bowler, per spell and other additional regulations.
- Updated fielding regulations relating to ages and distances from striking batter.

### The ECB also recommends:

- Each club appoints at least one First Aider, and that at least one First Aider is present when any cricket activity is taking place at the club.
- Clubs carry out risk assessments for activities at their club to inform necessary safety procedures.
- Clubs have fully stocked First Aid Kits and develop annual Medical Emergency Action Plans.
- All coaches, umpires, captains and team managers undertake concussion e-learning and a basic life support course.
- Fast bowlers **aged 19 or under:**
  - Consider adhering to recommended maximum and minimum numbers of overs bowled each week, as well as certain recommended rest periods.
  - Follow a 'Ready to Bowl' programme to build up to regular bowling following a break from bowling of two weeks or longer.

The **ECB Team Cards** issued to us for the season are the old stock. Therefore, please ignore references to 'Age Group'.

Insert the players **actual age**. Players become eligible whenever their **12<sup>th</sup> Birthday** occurs, if during the season, subject to written consent as above.

**CCL Rule 20** – Pages 37 & 38 in the 2025 Handbook are **CORRECT**.

**All documents are attached and can also be downloaded from the Cornwall Cricket website for convenience in one place at [ECB New Cricket Safety Regulations 2025 | Cornwall Cricket](#)**

Or the ECB website at [England and Wales Cricket Board \(ECB\) - The Official Website of the ECB](#)